



FIRST AID / CPR

This contest will be held at the Virginia Beach Convention Center.

1000 19th St.

Virginia Beach, VA 23451

Contestants will need to bring a CPR mask with a one way valve, copy of current CPR and First Aid Certification.

First Aid / CPR will follow National Regulations.

National Regulations does incorporate Basic Life Support CPR.

There will be a written test onsite.

There will be two basic first aid and two CPR scenarios.

National Standards can be found at www.skillsusa.org/absorb

Any contest questions may be directed to valleyfirstaid.cpr@gmail.com