**Please refer to the *current SkillsUSA Virginia Technical Standards for a detailed description of guidelines and requirements.*  The scope of the contest will be drawn from these standards. NOTE: ALL contests are subject to increased difficulty levels from previous state competitions in order to align the scope and skill level to that of National Competitions.**

- Contestants should report approximately 30 minutes early to the contest site with their name tag turned so that their contestant number is showing.

- Contestants must submit a one-page resume to the contest chair prior to the beginning of the contest. Sample Resume found at: [www.skillsusava.org](http://www.skillsusava.org)

**Clothing**
Official SkillsUSA light blue or khaki work shirt or SkillsUSA Virginia State Conference t-shirt) and navy pants or work pants, black or brown leather (OSHA compliant) work shoes.

Contestants are **Required** to have proof of OSHA 10 Certification prior to competition.

**Tools and Equipment**
Refer to the current SkillsUSA Technical Standards

**CONTESTANTS ARE NOT ALLOWED TO CARRY/USE CELL PHONES. NO CELL PHONES WILL BE PERMITTED IN THE CONTEST AREA.**

## SAFETY IS OF THE UPMOST IMPORTANCE.

Contestants shall have a thorough knowledge of operational and safety procedures for all tools and equipment listed in the scope of the contest.

Head SkillsUSA Advisors,
Upon signing the SkillsUSA Virginia State Leadership Conference and Skills Championships registration form, you are indicating that the contestants listed on the registration form have satisfactorily completed the necessary safety training. All accidents, no matter how slight, are to be reported to a contest official.

*This Contest Update must be signed by student and advisor and is to be submitted to chairman upon arrival to the contest area the day of competition.*

Advisor: _____ Date:_____

Student: _____ Date:_____